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Title :

Role of Homoeopathy in Allergic Reactions

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ABSTRACT

The article describes allergies, allergens, their types as well as the Homeopathic remedies which are commonly used for treatment of the allergies. Many times an allergic or hypersensitivity reaction is triggered by contact with allergen. But the signs and symptoms are due to an individual's reactivity. Homoeopathic remedies not only deal with allergy but also help the altered susceptibility to normalize.

CONCLUSION

Allergens usually cause all the signs and symptoms depending upon their type, site or time of contact. The severity of signs and symptoms are dependent upon the ability to react of the individual. In Homoeopathic line of treatment, susceptibility plays an important role in prescription. There are ways in which Homoeopathic remedies can be prescribed such as acute remedy, constitutional remedy or phasic remedies. Remedies such as intercurrent remedies are important when the miasm is considered. For example, remedies such as Arsenicum Album and Allium Cepa can be used where there are allergic reactions because of allergens of various origins such as animal, chemical or physical. Remedies like Apis Mellifica can be used when cutaneous allergens are present. Remedies like Histaminum Muriaticum can be employed when all the types of allergens are concerned. These are merely a few examples of Homoeopathic remedies used for treatment of allergies.

Keywords: Allergy, Homoeopathy, Hypersensitivity, Idiosyncrasy, Susceptibility.

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Long Live with Homoeopathy

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ABSTRACT

Regular Physical Exercise is integral to the body staying healthy. However, stressing the human body beyond its limits may lead to injury. Sports injuries as indicated by the name are the injuries that are related with sports or are associated with training, practicing or playing. Sports injuries occur very often with the players and athletes. After proper diagnosis and with help of proper selection of totality and Rubrics is simillimum is given the Homoeopathy is the best medicine for such type of injuries.

Keywords:

Sports injuries, Acute Extrinsic Injuries, Acute Intrinsic Injuries, Chronic Injuries, Tendon Disease. Homoeopathic Medicines, Muscle Injuries, Ligaments injuries, Bursae

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